



Elevate Gymnastics Curaçao – House Rules & Policies

1. Dress Code

All gymnasts are required to wear the official Elevate Gymnastics uniform during training. Hair must be tied back securely and no jewelry is allowed for safety reasons.

2. Uniform Payment

The cost of the uniform must be paid within the first three months after registration. The payment must be completed within the initial three months of membership and cannot be postponed to any random three months later.

3. Membership Payments

Monthly membership fees must be paid before the 1st of each month.

Payments received after the 5th of the month will incur a late fee of XCG 10.

If a member has two months of unpaid fees, the gymnast may be unenrolled from the program.

4. Absence

Being absent from classes does not count as cancellation of membership. Membership and billing will continue during periods of absence unless written cancellation is submitted.

5. Communication, Conduct & Mutual Respect

A respectful, safe, and positive environment is essential for the development of every gymnast.

Parents entrust coaches with their most valuable possession — their children. Therefore, clear and respectful communication between parents, coaches, and athletes is extremely important.

- Athletes are expected to respect their coaches and follow instructions during training.

- Athletes must respect one another. There is no place for bullying, teasing, or excluding others. We promote teamwork, encouragement, and a supportive training environment.
- Coaches are open to constructive feedback and positive communication from parents.
- Parents are encouraged to communicate respectfully and support the training process.

6. Feedback & Communication Guidelines

Feedback or concerns should be shared directly with the coach in a respectful and constructive manner. Concerns should not be discussed during training time, as coaches must focus on the athletes. If needed, a separate moment can be arranged to discuss questions or feedback calmly and respectfully. Communication should always focus on solutions, development, and the well-being of the athlete.

7. Arrival Time / On Time Policy

Gymnasts must arrive 5–10 minutes before class starts so they are ready when training begins. Late arrivals may not be allowed to join the warm-up for safety reasons.

8. Respect & Behavior

All gymnasts must show respect to coaches, teammates, equipment, and the facility. Bullying, disrespectful behavior, or unsafe conduct will not be tolerated.

9. Safety Rules

Gymnasts must always follow the coach's instructions and may not use equipment without supervision. Safety rules must be respected at all times.

10. Parent Viewing Policy

Parents or guardians must remain in the designated waiting area and are not allowed on the training floor unless invited by the coach.

11. Personal Belongings

Elevate Gymnastics Curaçao is not responsible for lost or stolen personal items. Please label water bottles and bags.

12. Health & Injuries

Parents must inform the coach of any injuries, medical conditions, or physical limitations before class. Gymnasts who are sick should stay home to protect others.

13. Photos & Social Media

Photos or videos during training may only be taken with permission.

Elevate Gymnastics Curaçao may use photos or videos for promotional purposes, unless parents request otherwise in writing.

14. Facility Care

Gymnasts must take care of the equipment and gym space.

Food and drinks (except water) are not allowed in the training area.

15. Cancellation / Unenrollment

If you wish to stop your membership, you must cancel in writing.

A one-month notice is required, and cancellations are processed at the end of the month.

Example: if you submit your cancellation on March 15, your membership will remain active and billed until the end of April.

Without written cancellation, billing will continue automatically.

Thank you for respecting these rules and helping us maintain a safe, respectful, and professional training environment.

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