Parent Participation Guidelines | Medellín Gymnastics Camp 2027

At Elevate Gymnastics Curaçao, we love when families are involved. For this edition of the camp, athletes travel together with a parent or guardian, and we encourage a positive, supportive atmosphere for the athletes. To make the experience safe and well-organized, we kindly ask parents to follow these guidelines:

1. Parents Are Welcome, but the Training Schedule Comes First

Parents are welcome to enjoy Medellín, but the camp training schedule may not be changed or interrupted. Coaches are fully responsible for the athletes during training hours.

2. Bring and Pick Up On Time

Since parents and guardians are staying together with their child throughout the camp, they are responsible for bringing their child to each training session and picking them up afterward, on time. Coaches are responsible for the athletes during training hours, and parents are welcome to stay and observe training.

3. Parents as Support, Not Instructors

During training, parents may observe, but:

- No coaching
- No corrections
- No sidelines feedback

Coaches must have full focus and authority for the safety and development of the athletes.

4. Positive & Friendly Atmosphere

Parents help set the tone. We ask that all communication and behavior be respectful and uplifting, for your child, for others, and for the staff.

5. Registration Deadline

The registration cut-off date is October 5, 2026. Registrations submitted after this date cannot be guaranteed a spot.

General Camp Rules (Athletes & Parents)

1. Respect & Kindness First

Everyone, athletes, parents, and staff, represents Elevate. Respectful behavior is expected at all times.

2. Be On Time

Training sessions, activities, transport, and meetings run on a schedule. We expect punctuality from all participants. The gymnastics facility will close its doors at the scheduled start time of training, and athletes who arrive late will not be permitted to enter or participate for that day.

3. Safety Always

No athlete may leave camp facilities, hotels, or activity areas without notifying a coach or accompanying parent/guardian.

4. Training Commitment

All athletes must attend and actively participate in training sessions unless they are sick or injured.

5. Proper Rest & Nutrition

Athletes must follow curfews and meal guidelines to ensure they are rested and ready for training.

6. Travel & Accommodation

For this edition of the camp, every athlete travels together with a parent or guardian. Traveling with a coach is not an option. Parents and guardians are responsible for arranging and booking their own accommodation and travel insurance.

We are offering a payment plan for the group flight, and if needed, we can help arrange ground transportation between the airport and your accommodation.

Training sessions take place at Liga Antioqueña de Gimnasia, located at Carrera 70 #48-373, Medellín, Antioquia.

Camp Fee & What's Included

The camp fee is XCG 510 per athlete, which includes:

- Camp fee (4 days of training)
- Certificate
- Medal
- Leotard

Not included in the camp fee: airfare, accommodation, travel insurance, meals, and excursions. Parents and guardians are responsible for arranging their own accommodation and travel insurance.

Camp Travel Shirt

A camp travel shirt is available for approximately XCG 35 and will be billed separately. Both athletes and parents may order one.

Camp Activities & Excursions

We will organize some group excursions and a group dinner during the camp. The planning for these will be announced at a later stage. Parents are welcome to join their athlete for these non-gymnastics activities and the group dinner.

International Experience & Team Bonding

This camp is designed to give our athletes an international training experience and to strengthen team bonding, on and off the gym floor.

Payment Plan

Group Flight

A payment plan is available for the group flight, running from end of September 2026 through end of January 2027:

Installment	Due Date	Amount (XCG)
Downpayment	End of September 2026	136.50
Remaining balance	Monthly installments, through end of January 2027	To be confirmed

Camp Fee

The camp fee, XCG 510 per athlete, is payable in 3 installments:

Installment	Due Date	Amount (XCG)
1st installment	End of September 2026	170
2nd installment	End of October 2026	170
3rd installment	End of November 2026	170

Travel shirts (if ordered), accommodation, and travel insurance are arranged and paid separately by each parent/guardian.

Cancellation & Missed Payments

Cancellation is possible at any time, but all payments made (camp fee, group flight, and any other camp-related fees) are non-refundable.

If a payment deadline is missed, the athlete may be removed from the camp. In this case, all payments made remain non-refundable.

Emergency Contact

For the safety of every athlete, we ask each family traveling with us to provide an emergency contact. This can be the traveling parent/guardian, or another family member or contact who can be reached during the camp.

- Full name of emergency contact
- Relationship to the athlete
- Phone number, reachable during the camp dates (March 25 to April 3, 2027)

This information is collected through the registration form and will be kept on file with the coaching staff for the duration of the camp.